



Johnny Payne
Leader



UsTOO Prostate Cancer Education and Support Group Harvey Floyd Chapter, Greenville, SC



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LIFELINE



January 2016

(Someone to talk to....who understands)

Greetings and Happy New Year to the members and supporters of the Harvey Floyd Chapter of Us TOO .

Our support group vision is: *“To provide the highest level of leadership, compassion and promotion of an enhanced understanding of prostate cancer while improving the quality of life for survivors, their families and men at risk through proactive programs and positions”.*

Depression and Prostate Cancer

Depression among prostate cancer patients is a major concern. It is the cause of much of the distress suffered by the patient and their families. Depression has been shown to contribute to poorer treatment outcomes, and in some cases has resulted in suicide.

Studies have suggested that depressed men with localized prostate cancer are more likely to be diagnosed with more aggressive cancer, and receive less effective treatments and do not survive as long as prostate cancer patients who are not depressed.

Studies also suggest that men who undergo surgical removal of prostate cancer can experience significant levels of anxiety after surgery. Higher levels of anxiety appear to be linked to poor sexual satisfaction and depression. A recent study, published by the Mayo Clinic's campus in Florida in the online edition of Psycho-Oncology, suggests that men who experience high levels of cancer-specific anxiety following surgery could likely benefit from counseling designed to address their worries and improve their quality of life.

Click link to hear "How Does a Prostate Cancer Diagnosis Affect a Man's Psychological Well Being"
<https://www.youtube.com/watch?v=3V6IOFZ1AtQ>

Our guest speaker for our January Meeting will be Dr. Tracy Mertz-McConnell Phd. of Greenville Health System- Roger C Peace Rehabilitation Hospital. Our topic will be "**Depression and Prostate Cancer**". We look forward to seeing each and everyone on Monday January 4th at 7:00 p.m.

<u>Upcoming Meetings</u>	<u>Outreach Events Upcoming</u>	<u>You Can Help</u>
Feb. 1st 2016 -Mrs. Diane Gluck Founder: Cancer Survivors Park Alliance		Need some of you to sign up on the refreshment list located on the Info. Table or See Bob or Ginny Milks
March: TBA	Chapter Leader Johnny Payne 864-616-0923	
April : TBA	Assistant Leader Carol Minehardt 864- 420-0556	
	Associate Leader Bob Milks 864-414-7780	
	Associate Leader John Boyle 864-201-2193	
Thanks to the Greenville Health System for your support. Thanks to the American Cancer Society for help in printing and mailing this newsletter.		Please let me know if there are any changes to our database. Also let me know if you have any questions or If you desire <u>not</u> to receive this newsletter Contact John Boyle @ 864-288-1251 or email johnHelenBoyle@charter.net

Meetings are held at Fellowship Greenville Church, 3161 S. Highway 14, the 1st Monday of each month at 7:00 pm (no meetings June, July or August): Directions: From the intersection of I85 and I385 – Take I85N toward airport 3.3 miles, exit 54: bear to the right onto Pelham Road; Follow Pelham Road 1.7 miles to Highway 14: Turn right – Fellowship Greenville will be just down the road ½ mile on the left. (For information. call 414-7780 or 616-0923)