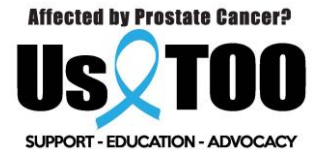




Johnny Payne  
Leader



# Us TOO Prostate Cancer Education and Support Group Harvey Floyd Chapter, Greenville, SC



[www.ustoopstatesc.org](http://www.ustoopstatesc.org)  
[www.facebook.com/UsTOOgreenvilleSC](http://www.facebook.com/UsTOOgreenvilleSC)  
[www.facebook.com/UpstateProstateCancerAlliance](http://www.facebook.com/UpstateProstateCancerAlliance)



**LIFELINE**



January 2019

(Someone to talk to....who understands)

Greetings to all the members and supporters of the Harvey Floyd Chapter of Us TOO .

**Our support group vision is:** *“To provide the highest level of leadership, compassion and promotion of an enhanced understanding of prostate cancer while improving the quality of life for survivors, their families and men at risk through proactive programs and positions”.*

## Urinary Incontinence and Prostate Cancer

Urinary incontinence, or the loss of the ability to control urination, is common in men who have had surgery or radiation for prostate cancer. Patients should prepare for this possibility and understand that, for a while, at least, urinary incontinence may be problematic.

There are different types of urinary incontinence and differing degrees of severity. Some men dribble urine, whereas others will experience a total leakage. Loss of urine with a cough, sneeze or laugh is called stress incontinence and is the most common type of urine leakage men experience after prostate surgery. On the other hand, the need to frequently urinate with episodes of leakage, called urge incontinence, is the type seen most often after radiation treatment. Doctors continue to improve treatments for prostate cancer to reduce post-surgery and post-radiation incontinence.

**Source: Web MD**

Our January Support Group meeting will be Monday, January 7th @ 7:00 p.m. Our speaker will be **Dr. Samuel Sterrett, MD.** **Greenville Palmetto Urology of Our Topic will be Urinary Incontinence and Prostate Cancer**

<p align="center"><b><u>Upcoming Meetings</u></b></p> <p>Feb. 4<sup>th</sup> - Dr. Dan Fried- MD Gibbs Cancer Center, Topic TBA</p> <p>Mar. 4<sup>th</sup> -Dr. Jeffery Albaugh, PhD., UsTOO Board of Directors Topic: Reclaiming Sex &amp; Intimacy</p> <p>Apr. 1<sup>st</sup> Dr. Mark O'Rourke, M.D. Topic: GHS Cancer Institute Topic: The Benefits of Exercise &amp; Nutrition</p>	<p align="center"><b><u>Upcoming Outreach Events</u></b></p> <table border="0"> <tr> <td>Chapter Leader</td> <td>Johnny Payne</td> <td>864-616-0923</td> </tr> <tr> <td>Assistant Leader</td> <td>Bob Cardone</td> <td>864- 630-0362</td> </tr> <tr> <td>Associate Leader</td> <td>Bob Milks</td> <td>864-414-7780</td> </tr> <tr> <td>Associate Leader</td> <td>John Boyle</td> <td>864-201-2193</td> </tr> </table>	Chapter Leader	Johnny Payne	864-616-0923	Assistant Leader	Bob Cardone	864- 630-0362	Associate Leader	Bob Milks	864-414-7780	Associate Leader	John Boyle	864-201-2193	<p>We thank Laura Brasington of AbbVie Pharmaceuticals &amp; the Upstate Prostate Cancer Alliance for sponsoring our refreshments</p>
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<p>Thanks to the Greenville Health System, Genomic Health Inc. and the American Cancer Society for your support.</p>		<p>Please let us know of any changes and if you no longer wish to receive this newsletter. Contact Bob Cardone @ 864-630-0362</p>												

**Meetings are held at Fellowship Greenville Church, 3161 S. Highway 14, the 1st Monday of each month at 7:00 pm (no meetings June, July or August):** Directions: From the intersection of I85 and I385 – Take I85N toward airport 3.3 miles, exit 54: bear to the right onto Pelham Road; Follow Pelham Road 1.7 miles to Highway 14: Turn right – Fellowship Greenville will be just down the road ½ mile on the left. (For information. call 414-7780 or 616-0923)