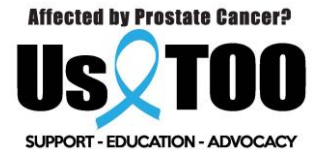




Johnny Payne
Leader



Us TOO Prostate Cancer Education and Support Group Harvey Floyd Chapter, Greenville, SC



www.ustoopstatesc.org
www.facebook.com/UsTOOgreenvilleSC
www.facebook.com/UpstateProstateCancerAlliance



LIFELINE



March 2019

(Someone to talk to....who understands)

Greetings to all the members and supporters of the Harvey Floyd Chapter of Us TOO .

Our support group vision is: *“To provide the highest level of leadership, compassion and promotion of an enhanced understanding of prostate cancer while improving the quality of life for survivors, their families and men at risk through proactive programs and positions”.*

Reclaiming Sex & Intimacy After Prostate Cancer

Sexual activity is a key component of healthy adult relationships. After a prostate cancer diagnosis, there is a concern as well as a fear of losing the ability to be physically intimate with your partner. This is common and understandable. Prostate cancer treatments in many cases result in erectile dysfunction, either permanently or temporarily.

Unfortunately many men may not know how to maintain intimacy in a relationship without this physical aspect. Sex and intimacy are related but they are two separate concepts. After prostate cancer treatment, intimacy and sex can and may be different, but still enjoyable. Most men who have undergone prostate surgery or radiation without androgen deprivation therapy will continue to have a normal sex drive. The important thing to remember is that sex doesn't always have to be about erections. There are many ways to be sexual. And there are many ways to bring pleasure to your partner as well as yourself.

Our March Support Group meeting will be Monday, March 4th @ 7:00 p.m. Our speaker will be **Dr. Jeffery Albaugh, PhD of Northshore University Health System; Chicago IL**
Our Topic will be Reclaiming Sex & Intimacy After Prostate Cancer.

<p align="center"><u>Upcoming Meetings</u></p> <p>Apr. 1st Dr. Mark O'Rourke, M.D. PRISMA Health Cancer Institute Topic: The Benefits of Exercise & Nutrition</p> <p>May 6th PRISMA Health Regional Urology Topic: Ask the Doctors Q & A Site: Cancers Survivors Park- Greenville</p> <p align="center">June – July – August Summer Break</p>	<p>Chapter Leader Johnny Payne 864-616-0923 Assistant Leader Bob Cardone 864- 630-0362 Associate Leader Bob Milks 864-414-7780 Associate Leader John Boyle 864-201-2193</p>	<p align="center">We thank Us TOO Greenville for sponsoring our refreshments</p>
<p>Thanks to the PRISMA Health, Genomic Health Inc. and the American Cancer Society for your support.</p>	<p align="center"><u>Upcoming Outreach Events</u></p> <p>Apr. 6th PRISMA Health Community Health Summit Greenville Convention Center, Greenville SC</p>	

Meetings are held at Fellowship Greenville Church, 3161 S. Highway 14, the 1st Monday of each month at 7:00 pm
(no meetings June, July or August): Directions: From the intersection of I85 and I385 – Take I85N toward airport 3.3 miles, exit 54; bear to the right onto Pelham Road; Follow Pelham Road 1.7 miles to Highway 14; Turn right – Fellowship Greenville will be just down the road ½ mile on the left. (For information. call 414-7780 or 616-0923)